



## **Women's Health Specialists of Montgomery County PA**

Gynecology-Gynecologic Oncology  
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### **INSTRUCTIONS AFTER A MEDI-PORT PLACEMENT**

Medi-ports are placed to gain venous access. These ports can be used for chemotherapy treatments, long-term antibiotic use, fluid therapy, or blood draws. To access your Medi-port, a special needle known as a Hubber will be used. For these procedures the Medi-port is usually placed in the upper chest.

A Medi-port is a small medical appliance (reservoir) placed in a pocket made beneath the skin. The catheter part is tunneled underneath the skin and connects the port to a large vein. Usually the jugular or subclavian vein will be used.

There may be some discomfort for the first 24-48 hours which can be managed with a narcotic. There is no special care you have to do for your Medi-port. It will not affect your normal daily activities. Your Medi-port can stay in place for as long as your doctor determines that you need it. It can even be left in place for several years.

#### **Activity**

- After the procedure, you will probably be able to go home within a few hours.
- If you had general anesthesia, you may have some nausea and vomiting when you wake up. You may feel groggy and weak for a short while.
- You will need someone to take you home.
- Rest at home for 24 hours with no strenuous activities.
- You should be able to resume most of your regular activities in 1 or 2 days.

#### **Wound Care**

- Keep dressing clean, dry and intact. You may remove when instructed by your physician. Cover with band-aid as long as draining. If you have steristrips **DO NOT REMOVE THEM**. They will work themselves off. If you have stitches do not bother them. If you have surgical glue, it will dissolve on its own.
- Do not shower for 48 hours. After showing, pat area dry and cover with a dressing.
- You may bathe, but keep incisions away from direct water flow.

#### **Diet**

- You may have regular foods as tolerated. A well-balanced diet promotes healing.
- Try to drink a lot of fluids.

#### **Notify our office if any of the following occurs:**

- A temperature over 101 degrees
- Persistent nausea and vomiting
- Excessive bleeding
- Signs of possible infection such as redness, swelling with drainage
- Pain this is not controlled by prescription
- Excessive swelling at surgical site