



Women's Health Specialists of Montgomery County PA

Gynecology-Gynecologic Oncology
6301 Executive Boulevard
Rockville, MD 20852
Phone: (301) 770-4967

HALFLYTELY BOWEL PREP INSTRUCTIONS

Your Procedure Requires You to do a Bowel Prep The Day Before Surgery

PLEASE READ AND FOLLOW INSTRUCTIONS CAREFULLY!

It is very important that your bowel be completely emptied so that the bowel is lying flat, keeping it from being injured during your surgery.

Since your procedure requires bowel prep, you will need to follow a CLEAR LIQUID DIET. **Your clear liquid diet begins in the morning on the day before surgery.** You may continue your clear liquids **until 6 hours prior to your surgery.** **After that, you may NOT eat or drink anything until surgery.**

CLEAR LIQUIDS: Jell-O, chicken or beef broth, sodas, coffee and tea with sugar (**NO CREAMERS**), clear fruit juice (**NO PULP**), Gatorade and popsicles.

HALFLYTELY DIRECTIONS

Step 1

At 4:00 pm take both Bisacodyl tablets with water

Step 2

Mix Solution

- You must wait **3** hours after taking Bisacodyl tablets before you begin drinking solution

Step 3

At 7:00 pm begin drinking solution

- Drink 1 8oz glass every 10 minutes (about 8 glasses)
- It is better to drink each glass quickly, instead of taking many small sips
- Be sure to drink **ALL** of the solution
- This should take about 1 ½ hours